

## ADAMS CENTRAL P U BLIC S CHOOLS

Engaging Community. Empowering Students.

## 2021-2022 Curriculum <br> Guide/Registration Handbook

## PLANNING THE HIGH SCHOOL PROGRAM

## THE FOUR-YEAR PLAN

Planning is a vital part of a well-designed program. Toward the end of the eighth grade, freshman course selections are made upon the recommendations of the eighth grade teachers with the consent of the parents. During the first year of high school, counselors will meet with the freshmen in a group setting to develop the tentative Four Year Plan of study. The purpose of the plan is to familiarize students with the graduation requirements, and elective opportunities.

While administrators, counselors, teachers, and parents have an important role to play in the planning process, ultimately it is the responsibility of the student to register for and pass all courses required for graduation and post-secondary plans. As students register for each semester, teachers will advise them about course selection based upon prior performance in the particular subject area and their chosen major.

It is important to remember that the four-year plan and the selection of an academic major are planning tools. While core courses will not change, the selection of elective courses may be modified as well as particular math, science and English classes. Selection will depend on achievement each year and a modification in future plans.

Typical college admission requirements are required for universities across the nation. That is why we generally display the requirements for the University of Nebraska at Lincoln as a guide for students planning to enter a university or college in the future.

## UNL REQUIREMENTS FOR ADMISSION

- 4 years of Math (Algebra I, II, Geometry, and one more unit built on a knowledge of Algebra II.
- 4 years of English (intensive reading and writing experience)
- 3 years of Social Sciences, including 1 unit of American and/or World History and 1 additional unit of history, American Government and/or geography.
- 3 years of Natural Sciences (2 units from Biology, Chemistry, Physics or Earth Sciences)
- 2 years of one foreign language
- Applicant should have an ACT of 20 or higher or class rank in the top one-half of the class


## Adams Central Graduation Requirements

The following chart shows Adams Central's graduation requirements and college admission requirements. It is important to check with the student's college of interest to ensure additional or specific coursework is required for admission. Five credits are granted for a semester course. Most students will exceed minimum graduation requirements. Starting with the Class of 2024, graduation requirements will change to 250 credits.

|  | Adams Central Requirements | Typical 4-Year University Admission Requirements |
| :---: | :---: | :---: |
| ENGLISH | 40 credits | 40 credits/4 years |
| MATH | 30 credits | 40 credits <br> UNL requires 40 credits <br> Algebra I, Geometry, Algebra II and one additional higher level math |
| SCIENCE | 30 credits Biology Physical Science One other | 30 credits/ 3 years |
| SOCIAL SCIENCE | 30 credits <br> 1 semester of World History <br> 1 semester of American <br> History <br> 1 semester of American <br> Government <br> 1 semester of Economics | 30 credits/ 3 years |
| PHYSICAL EDUCATION | 10 credits | NA |
| INFORMATION TECHNOLOGY | 5 credits | NA |
| FOREIGN LANGUAGE | N/A | 20 credits <br> 2 years of same language |
| TOTAL CREDITS | 220 credits |  |

All students will register for courses during the spring semester of each year. The master schedule is built on the basis of student registration requests, teacher and administration input. Students need to make thoughtful choices at registration, as classes fill quickly and changes later may not be possible.

A drop/add opportunity is held at the beginning and end of each semester, however not all changes can be made. The following page has the Adams Central Four-Year Plan for student and parent information.
$\qquad$ CLASS OF $\qquad$

## GRADE 9

1) English 9
2) Physical Education 9 or Weights
3) Mathematics
4) Physical Science
5) World Geography
6) Information Technology (one semester)
7) $\qquad$
8) $\qquad$

GRADE 11

1) English 11
2) American History
3) Mathematics
4) Science
5) $\qquad$
6) $\qquad$
7) $\qquad$
8) $\qquad$

## GRADE 10

1) English 10
2) Physical Education (one semester)
3) Mathematics
4) Biology
5) World History
6) $\qquad$
7) $\qquad$
8) $\qquad$

## GRADE 12

1) English 12
2) US Government/Economics (one sem each)
3) $\qquad$
4) $\qquad$
5) $\qquad$
6) $\qquad$
7) $\qquad$
8) $\qquad$

GRADUATION REQUIREMENTS: TOTAL 220 CREDITS
English: 40 credits
Mathematics: 30 credits
Science: 30 credits
Social Sciences: 30 credits
Required Social Sciences: World History, American History, Government and Economics Information Technology: 5 credits
Physical Education: 10 credits
Starting with the Class of 2024, graduation requirements will change to 250 credits.

Recommended

Course Title Grade Prerequisites

| American Cinema <br> 2.5 credits <br> 020800 | 7 | Required <br> for all 7th <br> graders. | This class takes a look at iconic movies and how the cinema <br> has changed in America. We will start with silent movies and <br> actors such as Buster Keaton, and move through black/white <br> cinema and the colorization of film. Other famous <br> actors/actresses featured will be Humphrey Bogart, Marilyn <br> Monroe, James Dean, to name a few. |
| :--- | :--- | :--- | :--- |
| Art 8 <br> 2.5 credits <br> 020801 | 8 | Required <br> for all 8th <br> graders. | Students are exposed to a variety of two- and <br> three-dimensional materials and projects. Using basic art <br> skills, students develop powers of observation and <br> appreciation. Again, sketchbooks are used to improve <br> drawing techniques. |
| Art I <br> 5 credits <br> 020100 | $9-12$ | None | Students are introduced to the basic art areas such as drawing, <br> painting, ceramics, sculpture and general art history. Basic <br> art principles and theories are covered. Sketchbooks are used |
| to organize ideas for art projects. |  |  |  |$|$| Graphic Art 1 |
| :--- |


| Intermediate <br> Drawing <br> (Independent Study) <br> 5 credits <br> 020300 | 11-12 | Art 1, 2D Design | Independent Study 1st Semester course that focuses on intermediate to advanced drawing techniques using new and creative materials as well as combination of various materials. Art history and artistic theories are taught in efforts for students to create original work using their own individual style. Students will complete assignments independently using lessons on Schoology. Sketchbooks are used to organize ideas for art projects. |
| :---: | :---: | :---: | :---: |
| Intermediate Painting (Independent Study) 5 credits 020300 | 11-12 | Art 1, 2D Design | Independent Study 2nd Semester course that focuses on intermediate to advanced drawing techniques using new and creative materials as well as combination of various materials. Art history and artistic theories are taught in efforts for students to create original work using their own individual style. Students will complete assignments independently using lessons on Schoology. Sketchbooks are used to organize ideas for art projects. |
| Intermediate Pottery (Independent Study) 5 credits 020300 | 11-12 | Art 1, 3D Design | Independent Study 1st Semester course that focuses on intermediate to advanced pottery techniques. Art history and artistic theories are taught in efforts for students to create original work using their own individual style. Students will complete assignments independently using lessons on Schoology. Sketchbooks are used to organize ideas for art projects. |
| Intermediate <br> Sculpture <br> (Independent Study) <br> 5 credits <br> 020300 | 11-12 | Art 1, 3D Design | Independent Study 2nd Semester course that focuses on intermediate to advanced sculpture techniques using new and creative materials. Art history and artistic theories are taught in efforts for students to create original work using their own individual style. Students will complete assignments independently using lessons on Schoology. Sketchbooks are used to organize ideas for art projects. |
| Graphic Art 2 <br> (Independent Study) <br> 10 credits <br> 0270611 | 11-12 | Graphic Art 1 | Independent Study course where students learn and complete more advanced graphic art techniques using Adobe Photoshop, Illustrator, and InDesign. Focus will be placed on creating works to submit for State Journalism and other graphic arts contests. |
| Graphic Art 3 <br> (Independent Study) <br> 10 credits <br> 0270613 | 11-12 | Graphic <br> Art 1 and 2 | Independent Study course where students utilize advanced graphic art techniques using Adobe Photoshop, Illustrator, and InDesign to create client-based projects. Focus will be placed on client relationships, professionalism, and developing professional-level finished projects. Students have the opportunity to become Adobe Certified in Photoshop, Illustrator, or InDesign. |


| Advanced Art <br> 10 credits <br> 020400 | 12 | Art $1+$ <br> four <br> semesters <br> of any <br> combinatio <br> n of art <br> classes | This course is a review and expands on objectives of <br> advanced art courses and techniques with a focus on <br> planning, creation, and presentation of original work. Artist <br> statements, reflections and digital portfolio are created. <br> Sketchbooks are used. |
| :--- | :--- | :--- | :--- |
| MART 1200 - Digital <br> Illustration <br> 5 credits <br> 3 credits CCC <br> 270613 | $11-12$ | No <br> prerequisites | An introductory-level course to several software applications <br> (Adobe Photoshop, Illustrator, and Indesign) used in illustrations, <br> digital imaging, page layout, and image enhancement. |
| MART 1210 - Layout <br> and Design 1 <br> 5 credits | $11-12$ | MART 1200 <br> 3 credits CCC <br> Digital <br> Illustration | An introductory-level course using industry-standard (Adobe <br> Create Cloud) page layout software. Emphasis is on developing <br> creative and expressive layouts and designs that communicate. |
| MART 1300 - Visual <br> Design 1 <br> 5 credits <br> 3 credits CCC <br> 270613 | $11-12$ | MART 1200 <br> Digital <br> Illustration <br> MART 1210 | Emphasis is placed on identifying and solving design problems <br> using Adobe Creative Cloud programs. Various projects will <br> engage students in creative design processes. Material, layout, <br> techniques, vocabulary, and computer design are presented. |
| Layout and <br> Design 1 | MART 1360 <br> Introduction to Graphic <br> Arts <br> 5 credits <br> 3 credits CCC <br> 270613 | $11-12$ | MART 1200 <br> Digital <br> Illustration <br> MART 1210 <br> Digital <br> Illustration <br> MART 1300 <br> Visual <br> Design 1 | | An introduction to the essential skills and design techniques using |
| :--- |
| the major graphics programs in the industry. |$\quad$|  |
| :--- |

## BUSINESS

Recommended
Course Title Grade Prerequisites
Course Description

| Financial <br> Literacy <br> 2.5 credits <br> 039930 | 8 | Required <br> for 8th <br> graders. | The NGPF Middle School 9-Week course is perfect for delivering <br> personal finance to your middle school students. Covering 9 units, this <br> course will help your students build core personal finance skills and learn <br> real-world strategies they can use. Through engaging resources and <br> activities, students will practice these skills so they can get started on the <br> right track to effectively manage their personal finances. |
| :--- | :--- | :--- | :--- |
| Personal <br> Finance <br> 5 credits <br> 033000 | $9-1$ | None | This class will benefit the students, regardless of their future occupation. <br> Students will learn the importance of different business structures, <br> banking services, credit, budgeting, and checkbook management. |
| Accounting I <br> 5 credits <br> Semester 1 <br> 030501 | $11-$ | None | Students will learn the importance of planning, recording, analyzing and <br> interpreting financial information. Students will be exposed to a sole <br> proprietorship/partnership and all aspects relating to running a small <br> business. The class will teach money management, banking services, <br> taxes, financial analysis, organization, time management and <br> troubleshooting. |
| Accounting II <br> 5 credits <br> Semester 2 | $11-$ | 12 | Accounting |
| 030502 |  |  |  |$\quad$| I Students will learn the importance of planning, recording, analyzing and |
| :--- |
| interpreting financial information. Students will be exposed to a sole |
| proprietorship/partnership and all aspects relating to running a small |
| business. The class will teach money management, banking services, |
| taxes, financial analysis, organization, time management and |
| troubleshooting. |



## ENGLISH DEPARTMENT

The English department will recommend levels of English by grade level and ability level. Differing ability levels will be recommended based on grades attained in the preceding year and the results of nationally standardized tests.

## Honors English Information

To be eligible to apply for admission to Honors 9 English, students must have at least 93\% average for semester 1 and quarter 3 in their English 8 class. If you are eligible and wish to apply, you will need to complete an application. Scores from the following will determine an 8 th grade candidate's consideration for acceptance into the Honors Program:
A. Current English Average (S1 and Q3)
B. Application
C. STAR Grade Equivalency Scores (most recent)
D. MAPS Reading and Language Usage Percentile Ranks (most recent)
E. State Testing Scores (most recent)

A cut score will be determined each year based on the number of applicants and final rubric scores. Students who score at or above the cut score will be accepted into Honors English 9.

## Honors Program Maintenance

In order to remain in the Adams Central Honors English Program, a student must
A. maintain a B ( $86 \%$ ) average every semester. (The $86 \%$ will include the $5 \%$ Honors points.)
B. have the current Honors English teacher's recommendation (including classroom attitude, work ethic, and attendance).

To become eligible as a Sophomore, Junior or Senior, students must receive at least a $93 \%$ average for semester 1 and semester 2.

## Transfer students

Students wishing to be considered for Honors English must provide additional information such as: grades, MAPS scores, State Testing Scores, etc. to be considered for Honors English. Final decisions will be made by administration.

## ENGLISH

Recommended
Course Title Grade Prerequisites

## Course Description

| Writing 7 2.5 credits 050100 | 7 | Required for all 7th graders. | Students in the class are encouraged to view one another as a community of writers who help one another along through the writing process. Strong emphasis is placed on idea development, word choice, and frequent partner or group revision and editing. Units of study include descriptive writing, personal narratives, poetry, and article responses. |
| :---: | :---: | :---: | :---: |
| English 7 <br> 10 credits <br> 050802 | 7 | Required <br> for all <br> 7th <br> graders. | Students study the use of traditional grammar. Literature includes mythology, short stories, plays and novels. Spelling is an important part of English, and the study of sound spellings, vocabulary building and word usage is emphasized. As supplemental reading, students are expected to acquire a minimum number of points per quarter through use of the Accelerated Reader program. Composition work is also included. |
| Reading Essentials 10 credits 050102 | 7-8 |  | Some students read significantly below grade level. These students lack basic reading skills and require more time and individual attention than can be given in the regular classroom. Reading skills are emphasized in the course. The immediate goal of the reading program is to remediate the reading deficiencies of the student. The course includes weekly spelling, composition work, and Accelerated Reader. |
| Beginning Speech <br> 2.5 credits 050501 | 8 | Required <br> for all <br> 8th <br> graders. | This quarter exploratory class focuses on speech writing, public speaking, research skills, and listening skills. |
| English 8 <br> 10 credits <br> 050803 | 8 | Required <br> for all <br> 8th <br> graders. | Students continue to study the use of traditional grammar. There is a strong emphasis on several genres of literature, including dramas and an introduction to Shakespeare. Students will write for a variety of purposes and audiences with an emphasis on descriptive and expository composition. Weekly vocabulary is studied, and Accelerated Reader points are required every quarter. |
| English <br> Concepts I <br> 10 credits <br> 059930 | 9 |  | This course focuses on improving reading, writing and language skills. The regular freshman text is adapted and augmented with novels and plays. Accelerated Reader adds to the focus. Weekly vocabulary is studied. |
| English I <br> 10 credits <br> 050021 | 9 | Required | This course is designed to help students' progress in reading, writing and grammar. Students are exposed to a variety of types of technical writing and write their own after studying and analyzing models. The need for acceptable punctuation, spelling and capitalization is stressed. Class discussion is encouraged. An anthology is provided for the study of a wide variety of literary types and students are required to complete supplemental outside reading by acquiring points through the Accelerated Reader program. |


| English 9 <br> (H) <br> 10 credits <br> 059931 | 9 |  | This class will require students to use higher-level thinking skills. An anthology <br> is provided for the study of a wide variety of literary types and students are <br> required to complete supplemental outside reading by acquiring points through <br> the Accelerated Reader program. Students will further develop their skills in <br> citing textual evidence to support their ideas, analyzing characters and point of <br> view, reading texts with varying levels of complexity, analyzing the structure of <br> text, communicating effectively in writing and speaking, and evaluating authors' <br> arguments. An advanced study of vocabulary and grammar is included in this <br> honors level course. You must apply to become eligible and be accepted into <br> the class. |
| :--- | :--- | :--- | :--- |
| English <br> Concepts <br> II <br> 10 credits <br> 059930 | 10 |  | This course focuses on world literature as the basis for improving reading <br> comprehension, writing and language skills. The regular sophomore text and <br> curriculum are adapted to the student's pace. Supplementary novels and <br> Accelerated Reader enhance the student's learning. Weekly vocabulary is <br> studied. Grammar and language structure are continued. Composition focuses <br> on summarizing, comparing/contrasting ideas, and persuasive writing. Class <br> discussion is encouraged. Independent reading is required through the AR <br> program. |
| pnglish II <br> 10 credits <br> 050022 | 10 | Required | This course focuses on literature interpretation, reading comprehension skills, <br> and increasing vocabulary skills. Grammar and language structure are reviewed <br> and continued. Students write for a variety of purposes, but the focus is on the <br> persuasive writing model. Class discussion is encouraged. Independent reading <br> is required through the AR program. |
| English $\mathbf{1 1}$ <br> $\mathbf{( H )}$ <br> 10 credits <br> 059931 | 11 |  |  |


| English <br> Concepts <br> IV <br> 10 credits <br> 059930 | 12 |  | This course focuses on British literature as the culmination of high school language arts studies. Emphasis on classic literature, including poetry, short stories, and nonfiction, prepares the students for graduation and higher education. Students will also produce a number of short essays throughout the year. Students will also enhance skills in everyday writing purposes. |
| :---: | :---: | :---: | :---: |
| English IV <br> 10 credits <br> 050024 | 12 | Required | This course focuses on British literature as the culmination of high school language arts studies. Emphasis on classic literature, including poetry, short stories, and nonfiction, prepares the students for graduation and higher education. Students will also produce a number of short essays throughout the year. |
| English 12 <br> (H) <br> 10 credits 059931 <br> ENG 1010 <br> and ENG <br> 1020 (6 <br> credits <br> through <br> Nebraska <br> Wesleyan) | 12 |  | Students are expected to pay for college credit or apply for an ACE scholarship if needed. <br> This class is open to any student who took English 11 (H) or who earned a 90\% or above in both semesters of English III. It is an honors course in which students may earn six hours of college credit through the NE Wesleyan Honors Academy. This is an in-depth writing course including a research paper and an examination of mainly British Literature. |
| CCC <br> English <br> (H) <br> 10 credits 059931 <br> CCC ENG 1010 <br> (3 college credits through CCC) and CCC ENG 1020 (3 college credits through CCC) | 12 | Must <br> have <br> English <br> and <br> Reading <br> ACT <br> score of 22 or higher or MAPS Reading score of 223 or higher | Students are expected to pay for college credit or apply for an ACE scholarship if needed. <br> This class surveys instructional practice in the techniques of effective writing. Students will produce a number of short essays throughout the first semester. Second semester, the focus shifts to extended source-based writing and/or projects, including a required research paper. This course emphasizes organizational strategies for research, the integration of multiple sources, and the ethical use of information sources. |

FAMILY AND CONSUMER SCIENCE

| Recommended |  |  |  |
| :---: | :---: | :---: | :---: |
| Course Title | Grade | Prerequisit | Course Description |
| Exploratory <br> FACS <br> 2.5 credits <br> 090006 | 7 | Required for 7th graders. | This introductory nine-week course focuses on basic food and nutrition and sewing construction. Students will prepare nutritious snacks in the foods class and construct a simple sewing project. |
| Health 7 <br> 2.5 credits $080100$ | 7 | Required for 7th graders. | This nine-week class is required for all $7^{\text {th }}$ graders. This course is designed to address the health triangle: physical, emotional/mental, and social health. Taking responsibility of one's own health and making healthy choices will be emphasized. |
| Making <br> Healthy <br> Choices <br> 2.5 credits <br> 090116 | 7 | Required for 7th graders. | Students will discuss making various choices young people face daily. Some of the topics that will be covered are discovering passion and purpose, overcoming fears, taking healthy risks to accomplish personal goals, experiencing the power of gratitude, and developing a positive attitude. |
| Careers 8 <br> 2.5 credits <br> 320100 | 8 | Required for 8th graders. | This is an exploratory class where students will examine their likes and dislikes, strengths and weaknesses and how it applies to their choice of a future career. Students will take interest inventory tests on the Nebraska Career Connection website. Throughout the nine weeks, students will have the opportunity to learn about many career options available to them. |
| Intro to <br> Family and Consumer Science (Intro to FACS) 5 credits 090101 | 9-10 | None | This class is intended for students to focus on physical, mental, and social parts of their health. This includes topics such as dating, healthy relationships, chemical abuse, healthy living, and nutrition. |
| Foods 1 <br> 5 credits 090113 | $\begin{aligned} & 10-1 \\ & 2 \end{aligned}$ | None | Introductory Semester Foods class that focuses on basic cooking principles such as measuring, safety, sanitation, and recipe skills. This class also covers nutrition basics and food preparation skills. |
| Foods 2 <br> 5 credits 090107 | $\begin{aligned} & 10-1 \\ & 2 \end{aligned}$ | Foods 1 | This food science class focuses on a variety of cooking methods. The second half of this class includes a cultural foods unit that covers different foods around the world. |


| Culinary <br> Arts <br> 10 credits <br> 370021 | $10-11$ | Foods 1, <br> Foods 2 | Culinary Arts is geared towards students who may have an interest in <br> the food-service industry. Specialty foods and baking and pastry is also <br> part of this course. SkillsUSA students interested in competitions in <br> Culinary are encouraged to take this class. |
| :--- | :--- | :--- | :--- |
| Adult Living <br> 5 credits <br> 090104 | $11-12$ | None | Geared towards students looking at life after high school. The first part <br> of the class covers topics such as careers, college, job applications, <br> financially living on your own and finding an apartment. The second <br> half of the class focuses on dating, marriage, and healthy relationships. |
| Child <br> Development <br> 5 credits <br> 090119 | $9-12$ | None | This semester class focuses on parenting decisions, pregnancy, <br> childbirth, and learning how to meet the needs of children. The "Real <br> Care Baby Project" is part of the semester course. |

## FOREIGN LANGUAGE

It is recommended that those students going into English Concepts strongly consider not taking a foreign language. Taking upper levels of foreign languages is dependent upon passing the preceding year and teacher recommendation.

| Course Title | Grade | Prerequisites | Course Description |
| :---: | :---: | :---: | :---: |
| World Languages 7 2.5 credits 062091 | 7 | Required for all 7th graders. | A quarter class that introduces students to the language and culture of the following languages: Spanish, French, German, Italian, and Japanese. Students will learn basic vocabulary, discuss culture, geography and customs of the countries that speak these languages, with special emphasis on Spanish. |
| Intro to Spanish 2.5 credits 060241 | 8 | Required for all 8th graders. | A quarter class that introduces students to the Spanish language and culture. Students will learn basic vocabulary, conversational Spanish and discuss culture, geography and customs of the Spanish speaking countries. |
| Spanish I 10 credits 060241 | 9-12 | None | Spanish I is an introduction to the Spanish language as well as the culture, history, and geography of Spanish-speaking nations. Students learn basic vocabulary and grammatical structures which enable them to communicate with each other. It is recommended that students have a grade of $77 \%$ or higher in their regular English class to enroll in this course. |
| Spanish II 10 credits 060242 | 10-12 | Spanish I | Spanish II includes a review of basic grammar and vocabulary acquired in Spanish I. Emphasis is placed on increasing the students' vocabulary and ability to communicate in Spanish. The study of Hispanic culture, history and geography is included. A grade of $77 \%$ or higher in Spanish I is strongly recommended to enroll in this course. |
| Spanish III (H) 10 credits 060243 | 11-12 | Spanish I and II Grade of 77\% or higher in Spanish I and II. | Students learn to function in Spanish in common situations as well as express their ideas and feelings in Spanish. Several new verb tenses are added to their grammatical knowledge. Students at this level complete in-depth studies of various Hispanic countries and cultural values. A grade of $77 \%$ or higher in Spanish II is required to enroll in this course. |
| Spanish IV (H) 10 credits 060244 | 12 | Spanish I, II, and III Grade of $77 \%$ or higher in Spanish III. | This class includes review of all grammatical concepts from Spanish levels 1-3, as well as the addition of more vocabulary and grammar necessary for continuing at a higher level of Spanish study. A grade of $77 \%$ or higher in Spanish III is required to enroll in this course. |

INDUSTRIAL TECHNOLOGY

Recommended

| Course Title | Grade | Prerequisites | Course Description |
| :---: | :---: | :---: | :---: |
| Industrial Tech 7 2.5 credits 100707 | 7 | Required for all 7th graders. | This class is an exploratory curriculum that gives students the opportunity to discover technological processes through text material, computer software and hands-on activities. |
| Industrial Tech <br> 8 <br> 2.5 credits <br> 100708 | 8 | Required for all 8th graders. | The class is an exploratory curriculum that gives students the opportunity to discover technological processes through text material, computer software and hands-on activities. |
| Intro to STS - <br> Woods <br> 5 credits <br> 100100 | 9-12 | None | Intro to Woodworking is a beginner woodworking class, which will give each student exposure to the machines in the shop and the learning of general woodworking skills. The student will learn how lumber products are produced and how to take raw materials and create a usable product. Students will build a project within the price range of $\$ 25$ to $\$ 50$, depending on the species of wood used. |
| Manufacturing Processes - <br> Woods I <br> 5 credits <br> Semester 1 <br> 101920 | 10-12 | Intro to STS - Woods | An in-depth power machines class in which students will learn how to properly and safely operate all of the machines in the woodworking lab. They will then select and build a woodworking project. Students looking for a career in industry or construction should take this course. |
| Manufacturing Production Woods II 5 credits Semester 2 101921 | 10-12 | Intro to STS - <br> Woods, <br> Manufacturing <br> Processes - Woods I | An in-depth power machines class in which students will learn how to properly and safely operate all of the machines in the woodworking lab. They will then select and build a woodworking project. Students looking for a career in industry or construction should take this course. |


| Manufacturing <br> Production - <br> Woods III <br> 5 credits <br> Semester 1 <br> 101921 | 12 | Intro to STS - <br> Woods, <br> Manufacturing <br> Processes - Woods II | This class is a second-level woodworking class where students <br> will continue an in-depth use of power machines to construct a <br> woodworking project or projects. Students will choose a plan <br> for a project, make modifications as desired, develop a plan of <br> procedure and bill of materials as necessary. Emphasis will be <br> placed on the uses of additional materials (along with various <br> woods) in the projects, such as, glass, metal, plastic, leather, <br> cloth, etc. |
| :--- | :--- | :--- | :--- |
| Advanced <br> Manufacturing <br> \& Fabrication <br> - Woods IV <br> 5 credits <br> Semester 2 <br> 101922 | 12 | Intro to STS - <br> Woods, <br> Manufacturing <br> Processes and <br> Production - Woods <br> III | This class is a second-level woodworking class where students <br> will continue an in-depth use of power machines to construct a <br> woodworking project or projects. Students will choose a plan <br> for a project, make modifications as desired, develop a plan of <br> procedure and bill of materials as necessary. Emphasis will be <br> placed on the uses of additional materials (along with various <br> woods) in the projects, such as, glass, metal, plastic, leather, <br> cloth, etc. |
| Construction <br> Trades 1 <br> 5 credits <br> Semester 1 <br> 100110 | $11-12$ | Intro to STS - <br> Woods, <br> Manufacturing <br> Processes and <br> Production - Woods I | This course covers many aspects of residential construction. <br> Students will learn how to frame, drywall, side and roof a <br> house in a hands-on classroom. Other projects in the building <br> construction field will be done as well. Students interested in a <br> career in construction, construction management or just saving <br> money by doing work on their own house, should take this <br> course. |
| Robotics <br> 5 credits <br> Semester 1 <br> 103194 | $10-12$ | None |  |

$\left.\begin{array}{|l|l|l|l|}\hline \begin{array}{l}\text { Engineering } \\ \text { Design and } \\ \text { Systems } \\ \text { Thinking } \\ 5 \text { credits } \\ \text { Semester 2 } \\ 103191\end{array} & 10-12 & \text { Robotics } & \begin{array}{l}\text { Students in this class will learn and apply current robotics and } \\ \text { engineering skills through the use of the Vex Robotics } \\ \text { platform. Students will work in small groups. Students will } \\ \text { develop skills in many areas including electronics, mechanics, } \\ \text { programming, automation, and design. Students will also work } \\ \text { on several Engineering projects applicable to current issues in } \\ \text { the world today. }\end{array} \\ \hline \begin{array}{l}\text { Intro to STS - } \\ \text { Metals } \\ 5 \text { credits } \\ 100100\end{array} & 9-10 & \text { None } & \begin{array}{l}\text { This is an introductory metals course in which the students will } \\ \text { learn basic metal working procedures such as: safety, oxy } \\ \text { acetylene welding, measurement and sheet metal fabrication. } \\ \text { Students will also learn basic automotive care. The students } \\ \text { will build a small sheet metal project which has a price ranging } \\ \text { from \$20-\$50. }\end{array} \\ \hline \begin{array}{l}\text { Welding I } \\ 5 \text { credits } \\ \text { Semester 1 } \\ 101930\end{array} & 10-12 & \text { Intro to STS - Metals } & \begin{array}{l}\text { Students will have advanced projects utilizing beginning } \\ \text { welding skills, and learn other metalworking processes. }\end{array} \\ \hline \begin{array}{l}\text { Manufacturing } \\ \text { Processes - } \\ \text { Metals I } \\ 5 \text { credits } \\ \text { Semester 2 } \\ 101400\end{array} & 10-12 & \text { Intro to STS - Metals }\end{array} \quad \begin{array}{l}\text { Students will have advanced projects utilizing beginning } \\ \text { welding skills, and learn other metalworking processes. }\end{array}\right\}$

| Advanced Manufacturing \& Fabrication - Metals III (Independent Study) 5 credits Semester 2 101402 | 12 | Intro to STS - <br> Metals, Welding I, <br> Manufacturing <br> Processes - Metals, <br> Welding III | A continuation of advanced projects, utilizing welding skills, as well as learning other metalworking processes. |
| :---: | :---: | :---: | :---: |
| Drafting and Design 5 credits Semester 1 100130 | 10-12 | None | The student will learn about basic drafting procedures, terminology and instruments. Students will learn the basics of CAD so that they can use the computer to create drawings. |
| Architectural <br> Design 1 <br> 5 credits <br> Semester 2 <br> 100140 | 10-12 | Drafting and Design | A second-level drafting course where the students will use the Chief Architect Software to develop a full set of building plans for their dream house. Students interested in a career in architectural drafting should take this course. |


| Course Title |  |  |  |
| :---: | :---: | :---: | :---: |
| Math 7 <br> 10 credits <br> 112801 | 7 |  | This class covers the full-range of topics needed for the successful study of algebra. Topics included are: operations with whole numbers, integers, decimals and fractions. Students use variables in the expressions and equations, number theory, geometric concepts with volumes, areas, and definitions. They will also study the relationships of fractions, decimals and percentages; solve equations and work with graphs. |
| Algebra Readiness 10 credits 110299 | 8 | Teacher recommendation | This course is for students who want to take pre-algebra, but their mathematics skills need to be strengthened before they can progress. The course covers fractions, decimals, percentages, exponents, solving equations and inequalities, square roots, and the Pythagorean theorem. An emphasis on signed numbers will be seen throughout the year. |
| Pre-Algebra 8 10 credits 112802 | 8 |  | This class is an introduction to rational numbers and basic operations of addition, subtraction, multiplication and division. It is a study of the geometry of plane figures, the metric system, pre-algebra work with open number sentences, irrational numbers, surface area and volume of three-dimensional figures. Students will work with equations in two variables, including graphing of linear equations. |
| $\begin{aligned} & \text { Algebra } 8(\mathbf{H}) \\ & 10 \text { credits } \\ & 110300 \end{aligned}$ | 8 | "A" average in Math 7; 90\% Standardized tests, teacher recommendation | This basic course includes a review of the four fundamental operations with rational numbers, solving equations and inequalities in one and two variables, basic operation and factoring of the polynomial expressions, solution of equations with rational polynomial expressions, work with irrational numbers and solution of quadratic equations in one variable. Problems studies are related to the practical as well as the abstract nature of mathematics. Each semester, a student in Algebra 8 needs to achieve a grade of 86, without bonus points. If a student fails to do this, we recommend that the student take Algebra I the following year. |
| Pre-Algebra 9 10 credits 110299 | 9-10 | Grades 11-12 with teacher recommendation | This course is designed for students who are not yet ready to take Algebra I. The course includes a review of the fundamental operations involving the real number system. Also included are topics in Geometry, solving equations and inequalities, ratios, proportions, percentages, statistics, probability, and the coordinate plane. Showing work is emphasized in Pre-Algebra. This class will prepare students to take Algebra I the next year. |

$\left.\begin{array}{|l|l|l|l|}\hline \begin{array}{l}\text { Algebra I } \\ 10 \text { credits } \\ 110300\end{array} & 9-11 & \text { None } & \begin{array}{l}\text { This course reviews the four fundamental operations with rational } \\ \text { numbers, solving equations and inequalities in one and two } \\ \text { variables, basic operations and factoring of polynomial expressions, } \\ \text { solution of equations with rational polynomial expressions, work } \\ \text { with irrational numbers, and solution of quadratic equations in one } \\ \text { variable. The problems studies are related to the practical and } \\ \text { abstract nature of mathematics. This is a required course for } \\ \text { students planning to go to college. }\end{array} \\ \hline \begin{array}{l}\text { Intuitive } \\ \text { Geometry } \\ 10 \text { credits } \\ 119932\end{array} & 10-12 & \begin{array}{l}\text { Teacher } \\ \text { recommendation } \\ \text { and Algebra I }\end{array} & \begin{array}{l}\text { Intuitive Geometry is recommended for students who wish to take a } \\ \text { Geometry course, but do not have strong Algebra skills. Students } \\ \text { who have difficulties with reasoning skills and abstract concepts are } \\ \text { also good candidates for Intuitive Geometry. Topics covered in } \\ \text { Intuitive Geometry are the same as those in regular Geometry, but } \\ \text { will not be as abstract and will not focus as heavily on doing } \\ \text { proofs. Students must pass Algebra I during the previous school } \\ \text { year to be eligible to take Intuitive Geometry. }\end{array} \\ \hline \begin{array}{l}\text { Geometry } \\ 10 \text { credits } \\ 111200\end{array} & 9-12 & \text { Algebra I } & \begin{array}{l}\text { Geometry is strongly recommended for post-secondary education. } \\ \text { Topics to be covered are: real numbers, distances, lines, planes, } \\ \text { angles, congruency between figures, parallelism, circles, polygons } \\ \text { and spatial figures. Students will create direct and indirect proofs. } \\ \text { This course strengthens students' deductive reasoning skills. This } \\ \text { course is required for students planning to go to college. Students }\end{array} \\ \hline \begin{array}{l}\text { must have a C+ average in Algebra I from the previous school year }\end{array} \\ \text { or have a teacher recommendation to take this class. }\end{array}\right\}$
$\left.\begin{array}{|l|l|l|l|}\hline \begin{array}{l}\text { Trigonometry } \\ \text { and Analytical } \\ \text { Geometry (H) } \\ 10 \text { credits }\end{array} & 10-12 & \begin{array}{l}\text { Algebra I and } \\ \text { Geometry } \\ 111600\end{array} & \begin{array}{l}\text { This class is designed for college-bound students, and includes } \\ \text { study of trigonometric functions and graphs, radian and degree } \\ \text { measure, polar and rectangular coordinates, proving identities, } \\ \text { double angles, half angles, law of sines and cosines, inverse } \\ \text { relations and functions, circular functions sequences and series, } \\ \text { practical applications in surveying, navigation, construction, } \\ \text { displacement, force, velocity, complex numbers, parametric } \\ \text { equations, and exponential and logarithmic functions. }\end{array} \\ \hline \begin{array}{l}\text { Pre-Calculus } \\ \mathbf{( H )} \\ 10 \text { credits } \\ 111300 \\ \text { (Possible } \\ \text { college credit } \\ \text { from CCC 5 } \\ \text { credits) } \\ \text { CCC MATH } \\ \mathbf{1 4 1 0}\end{array} & 11-12 & \begin{array}{l}\text { Geometry and } \\ \text { Algebra II } \\ \text { (If taking for } \\ \text { College Credit } \\ \text { must have a 22 } \\ \text { on Math portion } \\ \text { of ACT or Math } \\ \text { MAPS score of } \\ \text { 249-251) }\end{array} & \begin{array}{l}\text { This basic course includes a review of the four fundamental } \\ \text { operations with rational numbers, solving equations and } \\ \text { inequalities in one and two variables, basic operation and factoring } \\ \text { of the polynomial expressions, solution of equations with rational } \\ \text { polynomial expressions, work with irrational numbers and solution } \\ \text { of quadratic equations in one variable, work with exponential and } \\ \text { logarithmic functions, review of trigonometry, and solving a system } \\ \text { of equations and inequalities. Problem studies are related to the } \\ \text { practical, as well as the abstract nature of mathematics. Can be } \\ \text { taken for college credit. Students are expected to pay for college } \\ \text { credit or apply for an ACE scholarship if needed. }\end{array} \\ \hline \begin{array}{l}\text { Calculus (H) } \\ 10 \text { credits }\end{array} & 12 & \begin{array}{l}\text { 110600 } \\ \text { (Possible } \\ \text { college credit } \\ \text { from CCC 5 } \\ \text { credits) } \\ \text { CCC MATH } \\ \mathbf{1 6 0 0}\end{array} & \begin{array}{l}\text { Pre-Calculus } \\ \text { (If taking for } \\ \text { college credit } \\ \text { must have a 25 } \\ \text { on Math portion } \\ \text { of ACT or Math } \\ \text { MAPS score of } \\ \text { 259) }\end{array}\end{array} \begin{array}{l}\text { This course includes the study of: solving and graphing equations } \\ \text { and inequalities, relations, functions, and inverses, limits and } \\ \text { continuity, and derivatives. More advanced topics include: } \\ \text { integration, definite integrals, techniques of integration and infinite } \\ \text { series. A graphing calculator is required. The connections between } \\ \text { the graphical, numerical, and algebraic approaches to build a richer } \\ \text { understanding of calculus are emphasized. Can be taken for college } \\ \text { credit. Students are expected to pay for college credit or apply for } \\ \text { an ACE scholarship if needed. }\end{array}\right\}$

| College <br> Algebra <br> 5 credits <br> 119934 <br> (3 college credits from CCC) <br> CCC MATH <br> 1150 | 12 | Geometry and Algebra II (If taking for college credit must have 22 on Math portion of ACT or MAPS Math score of 249-251. | This course includes a review of real numbers and their properties, polynomials, rational expressions, rational exponents, and radical expressions. This course will work with linear equations and inequities as well as complex numbers, quadratic equations, and absolute value equations and inequalities. More advanced topics include solving and graphing quadratic functions, higher order polynomials, rational functions, variation models, exponential functions, logarithmic functions, and systems of linear equations and the qualities. Can be taken for college credit. Students are expected to pay for college credit or apply for an ACE scholarship if needed. |
| :---: | :---: | :---: | :---: |



## MUSIC

Recommended

$\left.\begin{array}{|l|l|l|l|}\hline \begin{array}{l}\text { Varsity } \\ \text { Choir } \\ 5 \text { credits per } \\ \text { semester } \\ 120400\end{array} & 11-12 & \text { None } & \begin{array}{l}\text { This elective is open to juniors and seniors at the beginning of } \\ \text { the year. Students wanting to be in choir second semester only } \\ \text { must have the director's approval and must audition. Auditions } \\ \text { consider vocal ability, experience and character. Full choir meets } \\ \text { M/W/F; girls/boys sectionals are held on T/TH for additional } \\ \text { work. Emphasis is placed on learning through performance. The } \\ \text { choir gives several concerts, participates in clinics and district } \\ \text { music contest, produces a Broadway musical and makes } \\ \text { community appearances. Soloists, small ensembles and district } \\ \text { music contest participants are chosen from this group. It is } \\ \text { advantageous to be in the group for the entire year. }\end{array} \\ \hline \begin{array}{l}\text { Junior High } \\ \text { Band } \\ 10 \text { credits } \\ 120500\end{array} & 7-8 & \begin{array}{l}\text { One year of } \\ \text { beginning band } \\ \text { is recommended } \\ \text { or permission } \\ \text { from instructor }\end{array} & \begin{array}{l}\text { Junior high band is an opportunity to improve musical skills } \\ \text { while exploring a wide variety of musical styles. Emphasis is } \\ \text { placed on a working knowledge of music theory and vocabulary, } \\ \text { learning to play in a larger ensemble, and foundations for } \\ \text { continuing on to high school band, including marching } \\ \text { fundamentals. }\end{array} \\ \hline \begin{array}{l}\text { Senior High } \\ \text { Band } \\ 10 \text { credits/1 } \\ \text { credit for } \\ \text { Marching } \\ \text { Band } \\ 120500\end{array} & 9-12 & \begin{array}{l}\text { Passing grades } \\ \text { in junior high } \\ \text { band and/or } \\ \text { permission from } \\ \text { instructor }\end{array} & \begin{array}{l}\text { This is a full-year elective class. Those unable to enroll for both } \\ \text { semesters of the class will need permission of the instructor. The } \\ \text { purpose of the class is the continued development of the musical } \\ \text { knowledge and skills. The emphasis is on interpretation and } \\ \text { musical maturity in large ensemble music of all genres and }\end{array} \\ \text { styles. There is also opportunity for individual growth through } \\ \text { auditions for outside honor ensembles and solo/small group } \\ \text { performance. The band in all it's entities - marching, pep, concert } \\ \text { and jazz - performs at a variety of activities, concerts and } \\ \text { contests. }\end{array}\right\}$

## PHYSICAL EDUCATION

| Course Title Grade $\begin{array}{l}\text { Recommended } \\ \text { Prerequisites }\end{array}$ |  |  |  |
| :---: | :---: | :---: | :---: |
| Physical <br> Education 7 <br> 2.5 credits <br> 080126 | 7 | Required by all 7th graders. | Daily fitness to improve total fitness. Areas of emphasis: Cardiovascular endurance, muscular strength, body composition, and flexibility. |
| Physical Education 8 <br> 2.5 credits 080126 | 8 | Required by all 8th graders. | Daily fitness to improve total fitness. Areas of emphasis: Cardiovascular endurance, muscular strength, body composition and flexibility. |
| Physical <br> Education 9 <br> 5 credits <br> 089930 | 9 | Required by all 9th graders. | Lifetime Fitness activities. Areas of emphasis include: cardiovascular endurance, muscular endurance, muscular strength, body composition, and flexibility. Students may choose to do PE or Weights. |
| Lifetime <br> Fitness <br> 5 credits <br> 080120 | 10-12 | None | Emphasizes the value of lifelong fitness and how to maintain it throughout life. Priority will be given to $10^{\text {th }}$ grade students who are meeting graduation requirements. |
| Beginning <br> Weight <br> Lifting <br> 10 credits <br> 080111 | 10-12 | None | Will focus on safety rules, names of lifts, basic weight lifting terminology, proper lifting and breathing techniques. These workouts will be slower paced. Students will be learning the main muscle groups and 4 phases of strength training. |
| Advanced <br> Weight <br> Lifting <br> 10 credits <br> 080113 | 10-12 | None | In this class, students will get the opportunity to build on what they have learned in their previous weight- lifting experience. Students will learn proper technique on Olympic lifts and core lifts and be given the opportunity to demonstrate and learn correct technique. Based on technique and experience, students will continually progress into more complex movements, more volume, and different lifting phases. As we progress, students will learn progressive overload principles, they will learn concentric, isometric, and eccentric strength, and the importance of moving in all planes. Students will work on improving strength, improving agility, improving speed, and improving mobility. Students will be assessed in the core lifts, the 10 yard sprint, the pro-agility run, the vertical jump, the 40 yard dash, and the standing broad jump. Along with working on these skills, students will also learn about the importance of nutrition and how to eat a balanced diet. |


| Exercise <br> Science <br> 5 credits <br> 077601 | $10-12$ | None | This course is appropriate for students wishing to pursue a career in <br> physical therapy, strength and conditioning, occupational therapy, <br> personal training, or any other area in the health field. This is an <br> introductory course and will first focus on vocabulary, introducing <br> terms, functions of muscles, different responses to exercise and <br> different respiratory systems. The course will then move on to look at <br> different methodologies and research applied to exercise and physical <br> fitness. By the end of the semester, students will be able to design <br> fitness assessments and fitness plans to fit the needs of who they <br> might be working with. Students will also learn about nutrition and <br> how to fuel the body. |
| :--- | :--- | :--- | :--- |



SCIENCE
Recommended

| Course Title | Grade | Prerequisites | Course Description |
| :--- | :--- | :--- | :--- |
| $\begin{array}{l}7^{\text {th }} \text { Grade } \\ \text { Science } \\ 10 \text { credits } \\ 130801\end{array}$ | 7 | $\begin{array}{l}\text { Required by 7th } \\ \text { graders. }\end{array}$ | $\begin{array}{l}\text { This integrated science course provides an overview of life, earth, } \\ \text { space, and physical science concepts in the context of real world } \\ \text { problems. The course emphasizes the use of problem-solving and } \\ \text { content application to examine current issues in science. Hands-on labs } \\ \text { will be a major focus along with inquiry learning. }\end{array}$ |
| $\begin{array}{l}\mathbf{8}^{\text {th }} \text { Grade } \\ \text { Integrated } \\ \text { Science } \\ 10 \text { credits } \\ 130802\end{array}$ | 8 | $\begin{array}{l}\text { Required by 8th } \\ \text { graders. }\end{array}$ | $\begin{array}{l}\text { This integrated science course provides an overview of life, earth, } \\ \text { space, and physical science concepts in the context of real world } \\ \text { problems. The course emphasizes the use of problem-solving and } \\ \text { content application to examine current issues in science. Hands-on labs } \\ \text { will be a major focus along with inquiry learning. }\end{array}$ |
| $\begin{array}{l}\text { Physical } \\ \text { Science } \\ 10 \text { credits } \\ 130300\end{array}$ | 9 | Required | $\begin{array}{l}\text { This is an introductory course into the basic physical and chemical } \\ \text { sciences. Topics that may be covered include; motion, energy, atoms, } \\ \text { chemicals and chemical changes. }\end{array}$ |
| $\begin{array}{l}\text { Physical } \\ \text { Science (H) } \\ 10 \text { credits } \\ 130300\end{array}$ | 9 | $\begin{array}{l}\text { Algebra } 8 \text { (H) } \\ 86 \% \text { or higher }\end{array}$ | $\begin{array}{l}\text { This class covers the same essential topics covered in physical science } \\ \text { but covers more in detail about each topic. Those topics are basic } \\ \text { physical and chemical science concepts such as motion, forces, energy, }\end{array}$ |
| atoms, chemicals and chemical changes. The class also requires the |  |  |  |$\}$| completion and presentation of a science fair project. This class is |
| :--- |
| designed to prepare students for advanced physics and chemistry |
| coursework. Students in this class can expect frequent and challenging |
| assignments throughout the year. |


| Biology I <br> 10 credits <br> 130201 | 10 | Required <br> Physical <br> Science | This class focuses on essential topics of biology including ecology, biochemistry, cell biology, genetics, evolution, classification, and animal behavior with relevant labs. This class will cover essential topics and laboratory techniques to prepare students for further study in biological sciences. Much of the class uses POGIL (Process Oriented Guided Inquiry Learning) and ADI (Argument Driven Inquiry) to cover the material. Most work is done in class. |
| :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Biology I (H) } \\ & 10 \text { credits } \\ & 130201 \end{aligned}$ | 10 | Physical <br> Science or <br> Physical <br> Science (H) <br> 86\% or higher | This class covers the same essential topics covered in biology but covers more detail about each topic and more homework. Those topics are: ecology, biochemistry, cell biology, genetics, evolution, classification, and animal behavior. The class also requires the completion and presentation of a science fair project. This class is designed to prepare students for advanced biology coursework. Students in this class should be prepared for frequent and challenging assignments throughout the year. |
| Biological <br> Science 101 <br> (College <br> Biology (H)) <br> 5 credits AC <br> 139930 <br> 4 credits from CCC <br> CCC BIOS <br> 1010 | 11-12 | ACT composite of 21 or higher (or Accuplacer Equivalent), $86 \%$ or higher semester averages in biology | College Biology is a dual-credit introductory biology class taught through Central Community College by Mr. Cecrle at Adams Central. This class will fulfill the general science class with lab requirement at many colleges across Nebraska. Topics taught include molecular biology, cell biology, genetics, and taxonomy. Students will also complete an insect collection as part of the course. Students may take this for four college credits and Adams Central credit. Those taking this class for college credit will need to enroll at Central Community College (Miss Fisher has the form) and will receive a bill from the college after class begins for approximately $\$ 420$. Students will need to purchase their own textbook through the campus bookstore or online using websites such as Amazon.com. This class runs in the fall semester only. Students are expected to pay for college credit or apply for an ACE scholarship if needed. |
| Medical <br> Terminology <br> (H) <br> 5 credits <br> 077600 | 11-12 | Biology 86\% semester or higher for year Recommended Anatomy \& Physiology | Students will study work prefixes, roots and suffixes used in medicine. Terms will include structures, diagnostic procedures, pathology and treatment. The course covers major body systems such as the muscular, skeletal, cardiovascular, reproductive and respiratory systems. This class requires students to work independently. Students planning on majoring in biology or pre-medical coursework or taking Anatomy and Physiology should take this class. |
| Anatomy/ <br> Physiology (H) <br> 10 credits <br> 130210 | 11-12 | Honors Biology or Biology Must have a minimum of "B" $86 \%$ average over four quarters to be admitted | Anatomy is the study of the structure and relationship between body parts. Physiology is the study of the function of body parts and the body as a whole. Systems covered include the integumentary, skeletal, muscular, nervous, cardiovascular, respiratory, and digestive systems. The class requires the memorization of many terms and concepts. Students who have an interest in pursuing careers in medical sciences should consider taking this class. |


| $\begin{aligned} & \text { Chemistry I } \\ & 10 \text { credits } \\ & 130301 \end{aligned}$ | 11-12 | Physical Science and Geometry | Chemistry I is a study of the properties of atoms and molecules as they pertain to the composition of matter and its changes. Stoichiometry, chemical formulas \& reactions, and nomenclature will be studied. A strong background in Algebra is highly encouraged. |
| :---: | :---: | :---: | :---: |
| Chemistry I <br> (H) <br> 10 credits <br> 130301 | 11-12 | Physical Science and Algebra II or (MAPS Math score 249) | Honors Chemistry I is a study of the properties of atoms and molecules as they pertain to the composition of matter and its changes. Stoichiometry, chemical formulas \& reactions, nomenclature, and acid-base equilibria will be studied. The honors course will be more fast paced. A strong background in Algebra is highly encouraged. |
| Chemistry 101 (College Chemistry) <br> (H) <br> 10 credits AC 139931 <br> (Possible college credit through Central Community College) CHEM 1090 <br> (4 credits from CCC) <br> CHEM 1100 <br> (4 credits from CCC) | 12 | $86 \%$ or higher in Chemistry I and an ACT score of 19 on Math portion or 240 on Math portion of MAPS | College Chemistry is a dual credit course and will have a fee for college credit (Each semester will be worth 4 credit hours). It can be used for general education credit (one semester (4 credit hours) will satisfy general education requirements at most colleges) or for students who plan to pursue science majors (i.e. pre-med, veterinary science, biology, or other science-related professions). Semester 1 will highlight electron configurations, nomenclature, solutions, bonding, molecular shape, hybridization, gas laws and nuclear chemistry. Semester 2 will cover equilibrium, acids and bases, electrochemistry and thermochemistry. May take for college credit. Students are expected to pay for college credit or apply for an ACE scholarship if needed. |
| $\begin{aligned} & \text { Physics (H) } \\ & 10 \text { credits } \\ & 130303 \end{aligned}$ | 11-12 | Algebra II and Trig (may be enrolled concurrently) | Physics is a study of matter and energy and their relationships. It is a math-based class. Students will study motion, forces, and sound. Strongly encouraged for students wanting to major in the sciences, especially engineering. |
| Forensic <br> Science or <br> Forensic <br> Science (H) <br> 5 credits <br> 130317 | 11-12 | Biology, <br> Physical <br> Science, Chemistry recommended Student must be able to work with diverse team members and speak in a public setting. | Forensics Science seeks to take concepts learned in biology, chemistry, and physical science and apply them to solving crime scenarios. Students interested in science or criminal justice will find this class beneficial. Students taking this class will spend the first two months learning laboratory and investigative techniques used in crime scene analysis. Students will then carry out an investigation of a mock murder scene designed by the juniors of last year's class. Students will learn how to legally collect crime scene evidence with help from Hastings Police Department detectives. Once evidence is collected, students spend 2-3 weeks processing the evidence and writing up reports. Once all evidence is evaluated, the class recommends the arrest of a suspect for a list of potential seniors that pose as potential perpetrators of the murder. That suspect is then placed on a mock trial |

$\left.\begin{array}{|l|l|l|l|}\hline & & & \begin{array}{l}\text { conducted by Mr. Mulligan's Business Law class. This class promises } \\ \text { to teach scientific concepts in a novel and engaging way. Students may } \\ \text { take this class as an Honors Class so long as they have permission } \\ \text { from the instructor. These students will take on a leadership role } \\ \text { throughout the class, be required to write a final report, and will be } \\ \text { given more challenging tests. }\end{array} \\ \hline \begin{array}{l}\text { Special Topics } \\ \text { in Scientific } \\ \text { Research } \\ 10 \text { credits } \\ 130424\end{array} & 11-12 & \begin{array}{l}\text { Recommendatio } \\ \text { n from Science } \\ \text { Teacher. } \\ \text { Students must } \\ \text { work } \\ \text { independently, } \\ \text { meet deadlines, } \\ \text { speak to adults. }\end{array} & \begin{array}{l}\text { This class is designed for students interested in science research and } \\ \text { presenting their work and competitive science fairs. The goals of the } \\ \text { fall class is to provide time and more teacher interaction in the } \\ \text { research, development, data collection, data analysis, and poster write } \\ \text { up for a science research topic. Students will be expected to reach out } \\ \text { to local colleges, universities, or business operations for assistance in } \\ \text { the design and research of the project. Students taking this course will } \\ \text { be required to attend competitive science fairs during the spring class } \\ \text { such as the Patriot Science Fair, the Central Nebraska Science and } \\ \text { Engineering Fair, the Central Regional Nebraska Junior Academy of } \\ \text { Science Fair, and the Junior Science and Humanities Symposium. } \\ \text { Other fairs such as the International Science and Engineering Fair, the } \\ \text { Nebraska Junior Academy of Science State Fair, and the Junior } \\ \text { American Academy for the Advancement of Science Fair may also be } \\ \text { attended if the student qualifies. These fairs are usually held in major }\end{array} \\ \text { US cities and will require time away from school to attend. }\end{array}\right]$


## Agricultural Education

Recommended
Course Title Grade Prerequisites Course Description

| 8th Grade <br> Careers and <br> Literacy of <br> Agriculture <br> 2.5 credits <br> 018002 | 8 | Required by <br> 8th graders. | The focus of this course is to provide middle school students with a <br> working knowledge of the Agriculture, Food and Natural Resources <br> career field of study. Students will experience the seven AFNR <br> pathways, explore careers within these pathways, and focus on their <br> pathway of interest. The course incorporates teachable moments <br> pertaining to the college and career readiness skills found in the center <br> of the Nebraska Career Education Model. Agricultural literacy, risk <br> management, and current trends are also incorporated into the course. |
| :--- | :--- | :--- | :--- |


| Introduction to <br>  <br> Natural <br> Resources <br> 5 credits <br> 011000 | $9-12$ | None | The introductory course for the Agriculture, Food, and Natural <br> Resources Career Cluster providing a knowledge base and technical <br> skills in all aspects of the industry. Learners will be exposed to a broad <br> range of agriculture, food and natural resources careers, cluster <br> foundation knowledge and skills, introduction to leadership <br> development, the FFA organization and career exploration. Classroom <br> and laboratory activities are supplemented through supervised <br> agricultural experiences and leadership programs and activities. |
| :--- | :--- | :--- | :--- |
| Animal Science <br> 10 credits <br> 011004 <br> (Possible dual <br> credit from CCC <br> AGRI 1700) | $10-12$ | Intro to Ag, <br>  <br> Natural <br> Resources | A course focusing on the basic scientific principles and processes that <br> are involved in animal physiology, breeding, nutrition, and care in <br> preparation for an animal systems career. Topics include animal <br> diseases, introduction to animal science, animal nutrition, animal <br> science issues, career opportunities and animal evaluation. Classroom <br> and laboratory activities are supplemented through supervised <br> agricultural experiences and leadership programs and activities. |
| Biotechnology <br> 5 credits <br> 012004 | $11-12$ | Animal <br> Science or <br> Plant <br> Science | This course equips students with a working knowledge of <br> biotechnology as it is used in Agricultural, Food, Natural Resources, <br> and Health Sciences. Students will diagram how classical processes <br> have influenced trait improvement throughout history. Through <br> application of DNA structure and gene insertion methods, students will <br> demonstrate how genetic engineering has been applied to organism <br> improvement and solving human health issues. Students will apply <br> DNA and protein detection to determine presence of specific traits. <br> Additionally, students will distinguish between scientific and societal <br> biotechnology issues. Classroom and laboratory activities are <br> supplemented through supervised agricultural experience and <br> leadership programs and activities. |
| Natural <br> Resources <br> 10 credits <br> 013000 | $10-12$ | None |  |


| Veterinary <br> Science <br> 5 credits <br> 011015 | $11-12$ | Animal <br> Science | Introduces students to the basics of animal care, prevention, and <br> maintenance. Topics covered include disease, parasites, feeding, <br> shelter, grooming, and general animal care. Classroom and laboratory <br> activities are supplemented through supervised agricultural experiences <br> and leadership programs and activities. |
| :--- | :--- | :--- | :--- |



## SOCIAL SCIENCES

Recommended

| Grade Prerequisites |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| World Neighbors 7 7 <br> 10 credits <br> 150011 | 7 | Required | This is a general survey course dealing with both physical and <br> political geography of the world. It provides an examination of <br> the geographical features, history, cultures, lifestyles and <br> governments found throughout the world. The history of <br> Nebraska will be included in World Neighbors. The focus will be <br> on events, people and places. |
| Social Studies 8 <br> 10 credits <br> 150012 | 8 | Required | This is a survey course in American History from Post <br> Revolutionary War to the Progressive Era with the aim of <br> building an interest in, and an understanding of, the basic thought <br> and issues of our nation's growth. |
| World Geography <br> 10 credits <br> 150700 | $9-10$ |  | This is a general survey course studying both physical and <br> cultural regions of the world. The areas of focus within this <br> course Africa, Asia, and the Pacific Rim. |
| World History <br> 10 credits <br> 150800 | 10 | Required | This is a general survey course concerning the history of man <br> from the earliest times up to the present day. Most of the <br> emphasis in this course is on the development of Western <br> Civilization. It is designed to provide students with an <br> understanding of how past events have affected the world <br> situation as it is today. |
| American History <br> 10 credits <br> 150820 | 11 | Required | The goal of this course is to provide coverage of modern <br> American history. This course will focus on the 20th century to <br> recent events. Students will learn to utilize primary and <br> secondary sources as part of writing a research paper. |
| Psychology <br> 5 credits <br> 151200 | $11-12$ |  | This class centers on the need to understand other human beings <br> and ourselves. Specific areas of concentration will be used in <br> conjunction with educational television and films. Personality <br> formation and psychological disorders will also be studied. |


| Sociology <br> 5 credits <br> 151300 | $11-12$ |  | This is an in-depth study of man's relationships to man as seen by <br> peers, parents, society and other cultures. A scientific <br> perspective of sociology is the guideline for the course, but <br> primary emphasis is placed on analyzing man in his environment. <br> Issues such as overpopulation, marriage practices, crime and <br> punishment, delinquency and many other social customs will be <br> discussed. |
| :--- | :--- | :--- | :--- |
| Special Topics in <br> History <br> 10 credits <br> 159930 | $11-12$ | $86 \%$ or <br> higher <br> average <br> in all <br> prior <br> Social <br> Studies <br> classes <br> and $86 \%$ <br> or higher <br> in all <br> prior <br> English <br> classes | Special Topics in History is a student driven course researching <br> topics of interest in American or World History. Students will <br> research topics they choose over a subject approved by the <br> instructor and present their information to the class. The <br> instructor and classmates will question the research in open <br> forum. Grading will be done on accuracy of the date, knowledge <br> of the subject and presentation. Also integrated into the class, <br> depending on the subject, will be how popular culture has treated <br> the subject. An attempt will be made to judge the accuracy of the <br> portrayal of certain subjects by the media, books, film and <br> television. |
| American <br> Government <br> 5 credits <br> 151110 | 12 | Required | This political science course surveys the national government, <br> but also emphasizes state and local levels. It includes traditions <br> and history of the American democratic system and relates this to <br> the changes that have taken place in our representative <br> government to the present. A heavy emphasis will be placed <br> upon establishing and running a Mock Congress in order for <br> students to experience the legislative, executive, and judicial <br> process with regard to the bill making process. |
| Economics <br> 5 credits <br> 151000 | 12 |  | Required |
| This is a course designed to analyze, breakdown, and discover <br> the complexities of our Economy, Economics terminology, <br> theory, and practical application. Heavy emphasis will be placed <br> upon investing, budgeting, real estate principles, analysis of <br> economic impact of college choice, course work, career paths, <br> and long term exploration of income ability based upon <br> occupation. Projects will be created by students to become <br> immersed into both the U.S. and World Economy. |  |  |  |

SPECIAL EDUCATION DEPARTMENT

This department will offer a full range of courses adjusted to meet the needs of all students who qualify for special education services. The department will recommend certain courses for individual students.

Recommended
Course Title Grade Prerequisites Course Description

| Basic English 7-8 <br> 10 credits <br> 190515 | 7-8 | None | A special course designed to provide students with disabilities subject matter and experience in the area of language arts, including the full range of language experiences i.e. reading, writing, speaking and listening skills for students with disabilities. This course code is to be used for all language arts classes modified and designed specifically for students with disabilities and is appropriate regardless of grade level 7-8. |
| :---: | :---: | :---: | :---: |
| Basic English <br> 9-12 <br> 10 credits <br> 190515 | 9-12 | None | Meets graduation requirements. Develop spelling skills weekly. Alternating years of instruction: 1) literature: reading various styles of stories; learning characteristics of different genres; identifying different elements of all types of literature 2) Writing: developing quality sentences and paragraphs; learning to write in different styles (descriptive, narrative, persuasive, and expository) basic parts of speech, using 6 traits to develop quality papers, learn how to research. |
| Basic Math 7 10 credits 112800 | 7 | None | This course is designed to help students who have previously had difficulty in math. Fundamental operations with whole numbers, fractions and decimals are all reviewed. During second semester, new topics covered are: rational number system, geometric concepts and equations. |
| Basic Science <br> 7-8 <br> 10 credits <br> 191315 | 7-8 | None | This is a class for students in Resource classroom. It is run on a 2 year cycle starting with life science one year and earth/physical science for the other year. It offers science concepts for each year that are covered in the regular education science classes but not as in-depth. The class focuses on note-taking strategies to help students improve taking notes in not just science but other classes as well. |
| Resource | 9-12 | None | Skills work and completion of classroom assignments. |


| Job <br> Exploration/ <br> Job Shadow <br> credits may <br> vary 320700 | $9-12$ | None | Development of work skills in a work environment. Students <br> work under the supervision of a job site employee and case <br> manager. |
| :--- | :--- | :--- | :--- |
| Vocational <br> Math I <br> credits may <br> vary 112800 | $7-9$ | None | A self contained math class that will focus on addition, <br> subtraction, multiplication, division of whole numbers, <br> decimals, fractions and percentages. |
| Vocational <br> Math II <br> 112801 <br> credits may <br> vary | $9-12$ | None | A self-contained math class that takes skills learned in <br> vocational Math I and apply them in everyday life situations. |
| Adaptive <br> Physical <br> Education <br> 10 credits | $7-12$ | Each student <br> admitted <br> according to <br> needs on their <br> 080127 | IEP. |
| Adapted Physical education is for individuals with <br> exceptional needs who require development or corrective <br> instruction and who are precluded from participation in the <br> activities of the general physical education program. The <br> program is based on comprehensive assessments and is <br> focused on providing the learner with the skills necessary for <br> a lifetime of rich leisure, recreation, dance, and sport <br> experiences to enhance physical fitness and wellness. |  |  |  |

# TECHNOLOGY/COMPUTER EDUCATION 

| Recommended |  |  |  |
| :---: | :---: | :---: | :---: |
| Course Title | Grade | Prerequisites | Course Description |
| Computer <br> Literacy 7 <br> 2.5 credits <br> 033501 | 7 | Required for 7th graders. | Computer Literacy is a production-based class focusing on the touch type method of keyboarding. Students will complete 24 lessons in nine weeks. These lessons consist of learning the location of each letter on the keyboard. The goal is to improve keyboarding speed, accuracy, and technique. |
| Information <br> Technology <br> Applications <br> 5 credits <br> 270501 | 9 | Required class for 9th graders | Review keyboard to improve speed and accuracy Word (letters, MLA reports, tables) PowerPoint, Excel, database, web page design and iMovie |
| Intro to <br> Digital <br> Media <br> 10 credits <br> 279930 | 10-11 | "C" average or above in Information Technology | Students enrolled in this class will use software programs and applications to complete iMovie, Photoshop, Macromedia FLASH, Dreamweaver, InDesign, Audacity projects. Students will need to have a 4G-8G flashdrive. Desktop publishing, video production, animated graphics, photo editing, web page, and podcasting projects will be the units covered. |
| Multimedia <br> Publications <br> 10 credits <br> 050401 | 11-12 | "B" average in English; "C" average or above in Information Technology | The responsibility of the class is publishing the Patriot yearbook and Patriot Voice newspaper as well as designing, maintaining, and updating the school's web site. Students will learn writing, editing, and photography techniques and use iPhoto, InDesign, Photoshop, Dreamweaver, Flash, FinalCut Pro, Garage Band and other applications to create yearbook and newspaper pages as well as professional looking websites and video. Striv Team will stream school activities and produce commercials and other digital media. |

## Early College/Dual Credit Opportunities

Adams Central provides several opportunities for students to earn college credit in high school. Students have the opportunity in one or more of the areas listed below.

## Central Community College Classes Dual Credit Taught by Adams Central Teachers

You must create an account online. cccneb.edu
You must register (get a form from teacher or counselor).
You must have taken an ACT or MAPS and have appropriate scores.
$\$ 107$ per credit hour (cost may vary per year)

| ENG 1010 | English Composition 1 <br> Mr. Boelhower | ACT 18+ (English <br> and Reading) <br> MAPS 223 | 3 credits <br> Semester 1 |
| :--- | :--- | :--- | :--- |
| ENG 1020 | English Composition II <br> Mr. Boelhower | ACT 18+ (English <br> and Reading) <br> MAPS 223 | 3 credits <br> Semester 2 |
| MATH <br> 1150 | College Algebra <br> Mrs. Knehans | ACT 22 (Math) <br> MAPS 249-251 | 3 credits <br> Semester 1 or 2 |
| MATH <br> 1410 | PreCalculus <br> Mrs. Knehans | ACT 22 (Math) <br> MAPS 249-251 | 5 credits <br> Full year |
| MATH <br> 1600 |  <br> Calculus <br> Mrs. Knehans | ACT 25 (Math) <br> MAPS 259 | 5 credits <br> Full year |
| BIOS <br> 1010 | General Biology <br> Mr. Cecrle | ACT 21 <br> (Composite) or <br> higher <br> $86 \%$ or higher <br> semester averages in <br> Biology | 4 credits <br> Semester 1 |
| CHEM <br> 1090 <br> CHEM <br> 1100 | General Chemistry I <br> General Chemistry II <br> Mrs. Kliewer | ACT 19 or higher <br> on Math portion or <br> 240 or higher on <br> MAPS Math portion | CHEM 1090 Sem 1 <br> 4 credits <br> CHEM 1100 Sem 2 credits |


| MART <br> 1200 | Digital Illustration <br> Mrs. Hassenstab | Test scores <br> No prerequisite | 3 credits <br> Semester 1 <br> (offered every other <br> year) |
| :--- | :--- | :--- | :--- |
| MART <br> 1210 | Layout and Design 1 <br> Mrs. Hassenstab | MART 1200 Digital <br> Illustration | 3 credits <br> Semester 2 <br> (offered every other <br> year) |
| MART <br> 1300 | Visual Design 1 <br> Mrs. Hassenstab | MART 1200 Digital <br> Illustration and <br> MART 1210 Layout <br> and Design 1 | 3 credits <br> Semester 1 <br> (offered every other <br> year) |
| MART <br> 1360 | Introduction to Graphic <br> Arts <br> Mrs. Hassenstab | MART 1200 Digital <br> Illustration <br> MART 1210 Layout <br> and Design 1 and <br> MART 1300 Visual <br> Design 1 | 3 credits <br> Semester 1 <br> (offered every other <br> year) |

## Automotive Technology Program@ CCC

| CCC Automotive Technology | Fall: | 10 credits |
| :--- | :--- | :--- |
| @ CCC | AUTO 10002 credits | Taught by CCC instructors |
| Morning program | AUTO 1020 2 credits |  |
|  | Spring: |  |
|  | AUTO 11003 credits |  |
|  | AUTO 18003 credits |  |

Online courses are also available to seniors during Patriot Period. Some courses include:

| SPCH 1000 Public Speaking | 3 credits |
| :--- | :--- |
| PSYC 1810 Intro to Psychology | 3 credits |

Nursing Assistant Courses at CCC
AM, PM, Evening and Summer

## Nebraska Wesleyan University

## Dual Credit Taught by Adams Central Teachers

You must register online.
https://www.nebrwesleyan.edu/undergraduate/dual-credit-high-school-students
Registration information will be provided by English teacher.
$\$ 95$ per credit hour

| ENG 1010 | English Language <br> and Writing <br> Mr. Boelhower | Must have earned <br> a 90\% or above in <br> both semesters of <br> English 11 (H) or <br> English III | 3 credits <br> Full year |
| :--- | :--- | :--- | :--- |
| ENG 1020 | Composition, <br> Language and <br> Literature <br> Mr. Boelhower | Must have earned <br> a 90\% or above in <br> both semesters of <br> English 11 (H) or <br> English III | 3 credits <br> Full year |

The Access College Early (ACE) Scholarship is a possible way to have the tuition cost for the class paid with a limit of THREE classes per semester. Students who meet one of the following qualifications can submit an ACE Scholarship application with the corresponding documentation. Funding is limited. The qualifications include:

- Supplemental Security Income (SSI)
- Temporary Assistance for Needy Families (TANF)
- Food Stamps
- Special Supplemental Nutrition Program (WIC)
- Free/Reduced Lunches (need current documentation)
- Other Extreme Hardship (must provide detailed documentation)
- Students must also be a U.S. Citizen or a permanent alien resident. To apply for the ACE Scholarship, you will need to create an online account at https://ecmp.nebraska.gov/CCPE-ACE/Accoutn/Login. You will create a new user account and then login and complete the registration Complete the application, you will need to upload the necessary documentation. See Miss Fisher if you have questions.

